



## **RECRUITING *BEYOND THE GATES* MENTORS NOW!**

**Help erase the stigmas attached to women released from Perryville Prison!  
Be a positive role model for them & help them realize their goals and dreams.**

*If she can see it, she can be it!*

**As a mentor you will provide encouragement and caring support to a recently released woman from Perryville Prison in her successful transition into society!**

*Mentoring is "a mutual relationship with an intentional agenda designed to convey specific content along with wisdom from one individual to another. Mentoring does not happen by accident, nor do its benefits come quickly. It is relationally based, but it more than good friendship...mentoring is not two people who just spend time together sharing."*

*Thomas Addington & Stephanie Graves*

### **Mentor Requirements:**

- Be committed with compassion to your mentee for at least one year.
- Average time commitment is 8-10 hours per month by text, phone, Zoom or in-person.
- Attend an on-line mentor orientation to determine if mentoring is for you
- Complete an application at [www.bridgesreentry.org/mentor](http://www.bridgesreentry.org/mentor)
- Attend four 90-minute training sessions presented by expert professionals & hear first-hand testimonies from current mentees via Zoom
- Participation in periodic cohort meetings

### **Mentor Benefits:**

- The rewards of knowing you are making a meaningful difference in the life of a woman deserving of a trustworthy, 'go-to' mentor who is there for her
- Valuable training about incarceration, trauma, addiction, goal setting & Transition to Success coach training opportunities.
- Meeting like-minded women committed to giving women second chances

### **NEXT MENTOR COHORT ON-LINE ORIENTATION & TRAINING DATES**

#### **Orientations**

Thursday, September 15<sup>th</sup> 3:00 & 7:00 PM

Saturday, September 17<sup>th</sup>, 11:00 AM

#### **Mentor Trainings**

Thursdays, September 29<sup>th</sup>, October 6<sup>th</sup>, 13<sup>th</sup>, & 20<sup>th</sup> 5:00-6:30 PM

For further information please contact Pam Betz, Mentor Director & Community Outreach, at [bridgesmentordirector@gmail.com](mailto:bridgesmentordirector@gmail.com)